

- 253-678-6460
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- Ruston, WA 98407

## SUMMARY

Motivated Midwifery student seeking preceptor in the Tacoma area to gain hands-on experience. Outgoing and friendly with strong drive to succeed.

## **SKILLS**

- Materials development
- Infant nutrition advocacy
- Lactation support
- Plan of care development
- Charting
- Mental and physical assessments
- Bedside lactation
- Emergency Response
- Flexible
- Communication
- Time management
- Work ethic
- First Aid/CPR
- NRP
- · Active listening

# WEBSITES, PORTFOLIOS, PROFILES

www.pointdefiancebirth.com

## **Ann Von Moritz**

#### **EXPERIENCE**

September 2020 - Current

Certified Lactation Counselor Point Defiance Birth | Tacoma, WA

- Facilitated breastfeeding support on daily basis for 25+ new mothers.
- Conducted home visits and kept in contact with families by phone in accordance with agency policies.
- Taught new mothers how to feed infants.
- Developed curriculum and materials for breastfeeding educational sessions for care providers and new parents.

October 2019 - Current

Midwife Assistant The Birthing Inn | Tacoma, WA

Assisted midwives in out of hospital births

Helped maintain the chart during the birth

Assisted the midwife in emergency situations, such as calling EMS and helping with resuscitation and administering medications

January 2019 - Current

## Birth Doula Point Defiance Birth | Tacoma, WA

- Provided support for physical, emotional and social needs of clients.
- Closely monitored mother's health, comfort and emotional states before, during and after labor for births.
- Developed individualized birth plans with mothers based on health concerns, desires and fears.
- Delivered exceptional physical, mental and emotional care to over 90+ women in various stages of labor.
- Attended over 90+ successful births and assisted new moms in caring for babies.
- Demonstrated best angles and positioning to support and enable women to successfully breastfeed babies.
- Worked closely with team members to deliver project requirements, develop solutions and meet deadlines.
- Prioritized and organized tasks to efficiently accomplish service goals.

#### **EDUCATION AND TRAINING**

Midwiferv

Midwives College of Utah, Salt Lake City, UT

May 2008

Bachelor of Arts | English

University of Puget Sound, Tacoma, WA

## **CERTIFICATIONS**

- Certified Lactation Counselor (CLC)
- Certified Birth Doula, DONA 2019